

HEALTH MATTERS



A MONTHLY REPORT ON THE STATUS OF THE CITY OF CARMEL EMPLOYEE HEALTH BENEFIT PLAN

June 30 Balance	\$973,892	Dec 31, 2020 Balance	\$2,387,586
<u>Total Revenues</u>	1,791,643	Jan-Jul Revenues	\$8,812,681
Employer Premiums	1,373,558	Jan-Jul Expenses	(\$9,588,407)
Employee Premiums	259,571	Jul 31, 2021 Balance	\$1,611,860
Retiree/COBRA Premiums	156,168		
Other Revenue	2,346		
<u>Total Expenses</u>	(\$1,153,675)	YTD Gain/(Loss)	(\$775,726)
Week 1 Claims	256,693		
Week 2 Claims	219,446		
Week 3 Claims	202,746		
Week 4 Claims	172,821		
Clinic Expenses	84,110		
Wellness Expenses	13,460		
Fixed Costs—Premiums	131,643		
Fixed Costs—Fees	20,463		
COVID Testing	31,535		
Other Expenses	20,758		
<u>Monthly Gain/(Loss)</u>	637,968		
July 31 Balance	\$1,611,860		

July was a good month because we collected premiums from three pays. We also received payment for second quarter retiree premiums. Reimbursable COVID testing costs are currently about \$540,000, which will increase our balance to more than \$2.15 million.

Upcoming Important Dates



Open Enrollment for 2022 Health Benefits will begin on October 1st and end on October 19th. Open Enrollment is a time to review your health plan enrollments and elect to change or keep your enrollments the same. **This year the enrollment will be in ADP, the same system where you enter your time and view your paycheck.**

The health plan options will remain the same for 2022. You may view and find information about the health plans at any time by going to Carmel.in.gov > Government > Human Resources > Employees > Employment and Benefits Documents

More information about Open Enrollment, including premiums will be emailed at the end of September. Plan now and enroll early!

Wellness Screenings – Held in September

Free wellness screenings for City of Carmel full-time employees will take place at City Hall in the Caucus Room. Completing a wellness screening enables you to be proactive in addressing any health issues.

Participants in the Virgin Pulse Wellness Program will receive 1,000 wellness points for completing a screening. For the most accurate lab results, you must not eat or drink anything for at least 9 hours before your screening appointment.

The screening includes:

- **Blood pressure**
- **Finger-stick Blood test for**
 - * **Cholesterol (Total, HDL and triglycerides)**
- **Fasting blood glucose**

Screening Schedule:

Wednesday, September 22	6:30-10:30 am
Thursday, September 23	6:30-10:30 am
Tuesday, September 28	6:30-10:30 am
Wednesday, September 29	6:30-10:30 am

To schedule a screening appointment, visit <https://login.registermytime.com/tw/cityofcarmel>

