

# IDLING POLICY

## What does idling mean?

Keeping a car's engine running when it's not moving. It is an unnecessary habit that drivers can and should change due to its adverse effects on health, the environment, and the significant costs it incurs.



## Facts

- Idling more than 30 seconds uses more fuel than restarting the engine.
- Car exhaust air toxics, known to cause cancer, and respiratory reproductive, birth and health effects.

## Reasons To support a NO Idling Policy

Reduce engine maintenance and expand the life of the engine

Conserve fuel and saves money. An idling vehicle can use between 0.20 to 0.70 gallons of fuel and hour

Improve air quality reducing hazardous pollution.

Help people who have asthma or other respiratory diseases

Prevent your car from getting stolen, as you leave the keys in the ignition and motor running

Help reduces our nation's dependence on petroleum

It causes unnecessary wear and tear on your engine and results in deposits of fuel residue on your engine's cylinder.

Protect Ecosystems and change the future reduce the amount of Carbon dioxide, primary contributor to global warming, from being released.

**Turn the key-be idle-free!**

Waiting for someone in the parking lot? Picking up the kids at school? Having a conference?  
**Turn off the engine in the meantime**

## What else you can do

- Follow our sheet fact on how you can help
- Learn more about EPA Idle Toolkit for a Healthy School Environment

